



MODULE / SYLLABUS

EDUCATION CYCLE 2024-2027

Module/subject name:	PRIMARY HEALTH CARE	
Direction:	NURSING	
Level of study*:	1st degree (bachelor's degree) II degree (master's degree)	
Education profile:	practical	
Type of studies*:	stationary/ part-time	
Type of classes*:	mandatory X complementary <input type="checkbox"/> optional <input type="checkbox"/>	
Year and semester of study*:	Year of studies*: I II <input type="checkbox"/> III X	Semester of studies*: 1 <input type="checkbox"/> 2 <input type="checkbox"/> 3 <input type="checkbox"/> 4 <input type="checkbox"/> 5 X 6 <input type="checkbox"/>
Number of ECTS credits assigned	11	
Language of instruction:	Polish	
PSW Department Name:	Faculty of Health Sciences	
Contact (phone/email):	tel.55 279 17 68 e-mail:dziekanat@psw.kwidzyn.edu.pl	
Type of module/subject related to vocational training*:	<ul style="list-style-type: none"> • basic science <input type="checkbox"/> • social sciences and humanities <input type="checkbox"/> • teaching the basics of nursing careX • Specialist care education <input type="checkbox"/> • practical classes X • professional practice X 	
Person responsible for the module/subject:		
Person(s) in charge:	According to the study plan	
Forms of student workload		Student Load (number of teaching hours)
<i>Contact hours with an academic teacher (according to the study plan)</i>		
Lectures (W)		15
Seminar (S)		
Conversations		
Exercises (C)		20
Practical classes (PK)		120
BUNA - independent student work (according to the study plan)		
Student workload related to professional practice (according to the study plan)		160
Total student workload- total number		315
Number of ECTS points per subject/module		11 including 0 BUNA
Teaching methods	<ul style="list-style-type: none"> • lecture and conversational lecture, • activating methods: exercises, talks, seminars, problem-solving methods, group work, brainstorming, project preparation, • practical, • professional practice. 	
Objectives and purpose of the course	<ul style="list-style-type: none"> — Preparing students to work in primary health care facilities, the patient's home environment, and the teaching environment. — To equip students with the knowledge and skills to formulate a nursing diagnosis and plan nursing tasks. — Preparing the student to cooperate with the therapeutic team. 	
Teaching tools	Multimedia board and projector, boards. Medical teaching aids (medical phantoms and simulators, trainers and models, including anatomical models). ZP partially conducted at CSM in accordance with the schedule of practical education in simulated conditions.	
Prerequisites	Knowledge and skills in the fundamentals of nursing, anatomy, physiology, biochemistry, biophysics, psychology, sociology, and public health at the undergraduate level.	

Learning outcomes matrix for a module/subject in relation to the methods of verifying the achievement of the intended learning outcomes and the form of implementation of didactic activities			
Symbol learning effect	A student who passes a module (subject) knows/understands/is able to:	Methods of verifying the achievement of intended learning outcomes	The form of teaching activities * enter symbol
C.W19.	Analyses the organization and functioning of primary health care in the Republic of Poland and other countries, taking into account the tasks of nurses and other employees of the health care system.	<i>Written and/or oral examination</i>	IN
C.W20.	Defines the conditions for the implementation and principles of financing nursing services in primary health care.	<i>Written and/or oral examination</i>	IN
C.W21.	Discusses methods of assessing the teaching and upbringing environment in terms of recognizing the health problems of children and adolescents.	<i>Written and/or oral examination</i>	IN
C.U13.	Performs vaccinations against influenza, hepatitis and tetanus.	<i>Carrying out an assigned task, project or oral response</i>	Ć/ZP/PZ
C.U28.	Assesses the health potential of the individual and family using scales, grids and measurements.	<i>Carrying out an assigned task, project or oral response</i>	Ć/ZP/PZ
C.U33.	Provides health services in the scope of primary health care.	<i>Carrying out an assigned task, project or oral response</i>	Ć/ZP/PZ
C.U34.	Assesses the living, teaching, upbringing and work environment in terms of identifying health problems.	<i>Carrying out an assigned task, project or oral response</i>	Ć/ZP/PZ
O.K1.	Is guided by the patient's well-being, respects the dignity and autonomy of persons entrusted with care, shows understanding for ideological and cultural differences and empathy in the relationship with the patient and his family.	<i>Extended observation by the supervisor/leading teacher; 360° feedback (opinions from teachers, colleagues, patients, other collaborators); Self-assessment</i>	W/Ć/ZP/PZ
O.K2.	Respects patient rights.	<i>Extended observation by the supervisor/leading teacher; 360° feedback (opinions from teachers, colleagues, patients, other collaborators); Self-assessment</i>	W/Ć/ZP/PZ
O.K3.	Independently and reliably performs his/her profession in accordance with the principles of ethics, including respecting moral values and obligations in patient care.	<i>Extended observation by the supervisor/leading teacher; 360° feedback (opinions from teachers, colleagues, patients, other collaborators); Self-assessment</i>	W/Ć/ZP/PZ
O.K4.	Takes responsibility for the professional activities performed.	<i>Extended observation by the supervisor/leading teacher; 360° feedback (opinions from teachers, colleagues, patients, other collaborators); Self-assessment</i>	Ć/ZP/PZ
O.K5.	Seek expert advice if you have difficulty solving a problem on your own.	<i>Extended observation by the supervisor/leading teacher; 360° feedback (opinions from teachers, colleagues, patients, other collaborators); Self-assessment</i>	W/Ć/ZP/PZ/
O.K6.	Anticipates and takes into account factors influencing own and patient's reactions.	<i>Extended observation by the supervisor/leading teacher; 360° feedback (opinions from teachers, colleagues, patients, other collaborators); Self-assessment</i>	Ć/ZP/PZ
O.K7.	Notices and recognizes own limitations in terms of knowledge, skills and social competences and performs self-assessment of educational deficits and needs.	<i>Extended observation by the supervisor/leading teacher; 360° feedback (opinions from teachers, colleagues, patients, other collaborators); Self-assessment</i>	Ć/ZP/PZ

*W-lecture; S-seminar; K-conversations; C-exercises; ZP-practical classes; PZ-professional internships; BUNA-independent student work		
EXAMPLES OF METHODS FOR VERIFYING LEARNING OUTCOMES		
in terms of knowledge (lectures/seminars): oral exam (non-standardized, standardized, traditional, problem-based); written exam – the student generates / recognizes the answer (essay, report; short structured questions /SSQ/; multiple choice test /MCQ/; multiple answer test /MRQ/; matching test; Y/N test; answer completion test),		
in terms of skills (exercises/conversations): Practical exam; Objective Structured Clinical Examination /OSCE/; Mini-CEX (mini – clinical examination); Realization of assigned task; Project, presentation		
in the field of social competences: reflective essay; extended observation by supervisor/lead teacher; 360° feedback (opinions from teachers, colleagues, patients, other collaborators); Self-assessment (including portfolio)		
BUNA –the student's own work is verified by assessing the degree to which the assumed learning outcomes have been achieved: a test checking the student's knowledge of the topics specified in the syllabus, but also through term papers, projects, presentations and any other mid-semester work.		
PROGRAM CONTENT TABLE		
Program content	Number of hours	Relating learning outcomes to CLASSES
LECTURES, semester V		
1. The concept of functioning of primary health care in the light of changes in health care in Poland and around the world.	1	C.W19. C.W20. O.K5. O.K7.
2. Primary health care and its tasks in relation to services provided by a nurse in the field of health promotion, prevention, treatment and rehabilitation.	2	C.W19. C.W20. O.K5. O.K7.
3. Learning the specifics of work in primary healthcare and the tasks of individual members providing care for an individual, family and community (care for a child, student, working person, pregnant woman, elderly person).	2	C.W19. C.W20. C.W21. O.K5. O.K7.
4. The goals of the transformation and tasks of the primary health care team (individual and group practice of a family nurse and family physician, non-public health care facility) and its impact on the quality of care.	2	C.W19. O.K5. O.K7.
5. Identification of health and social problems of the individual, family and local community with particular emphasis on young children and children and adolescents in the teaching and upbringing environment.	2	C.W19. C.W21. O.K5. O.K7.
6. Planning and implementation of nursing care in the residential environment - home care, nurseries, teaching and upbringing environments and in the work environment within primary healthcare.	2	C.W19. C.W20. C.W21. O.K5. O.K7.
7. Local community and its impact on human health.	1	C.W19. O.K5. O.K7.
8. Contemporary health threats to society and the nurse's participation in the implementation of tasks resulting from the implementation of health policy at the level of primary care.	2	C.W19. O.K5. O.K7.
9. National Health Programme 2016-2020 and other health programmes implemented for healthy and sick people in the scope of primary health care.	1	C.W19. C.W20. O.K5. O.K7.
EXERCISES, semester V		
1. Learning about the organization of work in a nursery, primary care clinic, nurse's office, teaching and upbringing environment, family environment and staff tasks, the role of the nurse, establishing contact with patients and the therapeutic team.	3	C.W19. C.W21. C.U13. C.U33. C.U34. O.K5. O.K7.
2. Discussion on students' expectations in the educational process during specialist exercises/professional practice.	3	C.U33. O.K1. O.K2. O.K3. O.K4. O.K5. O.K7.
3. Definition of the functions, responsibilities and skills of the primary health care nurse.	2	C.U13. O.K1. O.K2. O.K3. O.K4. O.K5. O.K7.
4. Verbal and non-verbal communication with a child, student, adult/elderly primary care patient.	2	C.W21. C.U13. C.U28. C.U33. C.U34. O.K1. O.K2. O.K4. O.K5. O.K7.
5. Collecting data about a healthy/sick patient, using available sources: interview, observation, documentation analysis,	3	C.U28. C.U34. O.K2. O.K4.

assessing the health status based on available scales and percentile charts.		
6. Identification of developmental/health problems in primary care patients of different ages.	2	C.W21. C.U28. C.U33. C.U34. O.K2. O.K3. O.K4. O.K6.
7. Assessment of the quality of nursing care - showing the effects.	5	C.U28. C.U33. O.K1. O.K2. O.K3. O.K4. O.K6. O.K7.
PRACTICAL CLASSES, semester V/VI		
1. Models of nursing, application of selected nursing theories in practice.	10	C.U33. O.K1. O.K2. O.K3. O.K4. O.K5. O.K6. O.K7.
2. Determination of glycemia using a glucometer.	3	C.U28. O.K1. O.K2. O.K3. O.K4. O.K5. O.K6. O.K7.
3. Establishing the purpose and plan of care for a sick or disabled person.	10	C.U33. O.K1. O.K2. O.K3. O.K4. O.K5. O.K6. O.K7.
4. Methods of community, group and individual work.	10	C.U28. C.U33. C.U34. O.K1. O.K2. O.K3. O.K4. O.K5. O.K6. O.K7.
5. Planning preventive visits in a specific environment.	8	O.K1. O.K2. O.K3. O.K4. O.K6.
6. Planning and implementing nursing care together with the sick or disabled person and their family.	8	C.U33. O.K1. O.K2. O.K3. O.K4. O.K5. O.K6. O.K7.
7. Administering medications to a patient by various routes, in accordance with the physician's written order, and calculating the dose of medications. Classes partially conducted in simulated conditions.	9 (3 h in medical simulation conditions)	C.U13. O.K1. O.K2. O.K3. O.K4. O.K5. O.K6. O.K7.
8. Patronage visits. Screening tests, health check-ups. Classes partially conducted in simulated conditions.	6 (3 h in medical simulation conditions)	C.U34. O.K1. O.K2. O.K3. O.K4. O.K5. O.K6. O.K7.
9. Registration and record keeping.	5	C.U28. O.K1. O.K2. O.K3. O.K4. O.K5. O.K6. O.K7.
10. Performing anthropometric tests.	5	C.U28. O.K1. O.K2. O.K3. O.K4. O.K5. O.K6. O.K7.
11. Conducting community interviews under the supervision of a family nurse.	16	C.U28. C.U34. O.K1. O.K2. O.K3. O.K4. O.K6.
12. Confrontation of the educational objectives contained in the practical classes programme with the expectations of students.	30	C.U28. C.U33. C.U34. O.K5. O.K7.
PROFESSIONAL PRACTICE, semester V		
Work in a treatment room.	30	C.U13. C.U28. C.U33. O.K1. O.K2. O.K3. O.K4. O.K5. O.K6. O.K7.
Working with the family – applying the nursing process.	30	C.U13. C.U28. C.U33. C.U34. O.K1. O.K2. O.K3. O.K4. O.K5. O.K6. O.K7.
Procedures performed as part of primary health care.	20	C.U13. C.U28. C.U33. O.K1. O.K2. O.K3. O.K4. O.K5. O.K6. O.K7.
Identification of the patient's health and social problems.	30	C.U28. C.U33. C.U34. O.K1. O.K2. O.K3. O.K4. O.K5. O.K6. O.K7.
Application of nursing standards and procedures in primary health care.	20	C.U13. C.U28. C.U33. O.K1. O.K2. O.K3.

		O.K4. O.K5. O.K6. O.K7.
Planning care for primary care patients based on known care models.	30	C.U13. C.U28. C.U33. C.U34. O.K1. O.K2. O.K3. O.K4. O.K5. O.K6. O.K7.

LITERATURE LIST

Basic literature:

1. Kocka K., Marcinowicz L., Ślusarska B. (red.), *Pielęgniarstwo rodzinne i opieka środowiskowa*, PZWL, Warszawa 2019.

Additional literature:

1. Brosowska B., Mielczarek-Pankiewicz E., *Pielęgniarstwo środowiskowe*, Makmed, 2015.
2. Kubala A., Nowacka A., Pawłowska E., *POZ w Polsce. Struktura, zadania, funkcje*, PZWL, Warszawa 2017.

Method of passing and forms and basic assessment criteria/examination requirements

How to pass

- Exam - lectures
- Graded exam – exercises
- Graded exam - practical classes
- Pass without grade - professional practice

Forms and criteria for passing

PASSING A SUBJECT - THE SUBJECT ENDS WITH AN EXAMINATION

Lecture:

The basis for obtaining a credit/pass is:

- 100% attendance; confirmed by an entry on the attendance list,
- a possible 10% absence compensated in an individual manner agreed with the instructor

Exercises

The basis for obtaining credit for a grade is:

- 100% attendance; confirmed by an entry on the attendance list,
- active participation in exercises (joining the discussion initiated by the lecturer, showing interest in the issues discussed during the exercises),
- correct, positively assessed oral answer to 3 questions on the content relating to the learning outcomes in the field of knowledge and skills, asked to the student during the exercises,

Assessment criteria – oral response

Rate	Criterion
Very good	Correct, complete, independent answer to 3 questions asked to the student by the instructor
All right	Correct answer, requiring slight guidance from the teacher, to 3 questions asked to the student
Sufficient	Correct, incomplete, requiring significant guidance from the teacher, answer to 3 questions asked to the student
Insufficient	No answer or incorrect answer to any of the 3 questions asked to the student

Practical

The basis for obtaining credit for practical classes is:

- 100% attendance; confirmed by an entry on the attendance list or (absence excused in the event of a student's illness documented by a sick leave or other unforeseen circumstances and making up practical classes at another time),
- active participation in classes,
- completing the applicable documentation, preparing a written work - a nursing care plan,
- correct attitude towards the patient, the therapeutic team, the profession and science and the regulations.

CRITERIA FOR EVALUATING STUDENT ATTITUDE

No.	Assessment of student attitude elements	Scoring	Number of points obtained
1.	Attitude towards the patient: tact, culture, tolerance towards the patient and his family, understanding the individual needs of the patient and family, taking action to support the patient, being sensitive to the problems of the patient and his family, understanding, patience, respecting the patient's rights.	0-8	

2.	Attitude towards the therapeutic team: student's personal culture, kindness towards colleagues and staff, ability to work in a team (communicating with people and listening to others, trying to solve difficult situations).	0-6	
3.	Attitude towards profession and science: commitment to nursing work (motivation to work, interest, improving the quality of services provided), improving work methods and organization (accuracy, independence of decision-making, adaptation to changes in the environment), level of professional aspirations (enrichment of medical knowledge, interest in the directions of development of nursing care, motivation for continuous learning), self-assessment of one's own behaviors (attitude to errors, taking responsibility, self-assessment of the level of knowledge, skills and possibilities).	0-6	
4.	Student attitude towards the regulations: punctuality, avoiding absenteeism, compliance with the regulations of the facility/unit and the classes conducted, proper uniform, aesthetic appearance.	0-3	
5.	Together		

*Obtaining 0 points in any criterion results in an insufficient grade.

Number of points and rating:

23-21 -very good (5.0)

20-19 -good plus (4.5)

18-17 -good (4.0)

16-14 -sufficient plus (3.5)

13-12 -satisfactory (3.0)

11-0 -insufficient (2.0)

and also:

- passing all learning outcomes, obtaining at least 6 points from practical skills, according to the attached criteria – for learning elements.

Criteria for assessing practical skills(0-2 points for each element): principles, efficiency, effectiveness, independence, communication, attitude.

A student receives a positive grade when obtaining at least 6 points for learning elements.

Number of points	Criteria for assessing individual elements of the activity (task/exercise performance) by the student					
	Rules	Efficiency	Effectiveness	Independence	Communication	Attitude
2	follows the rules, proper technique and the order of execution activities	performs activities confidently and energetically	procedure takes into account the situation patient, achieves the goal	plans and carries out activities independently	correct, independent, effective content selection	analyzes his behavior, works with the team therapeutic, full identification with professional role
1	he observes rules after Direction	the activities are performed not very sure, after a short while contemplation	does not always take into account health situation patient, achieves the goal after Direction	requires reminders and orientation in some activities	requires guidance, orientation in content selection	has difficulty in critical evaluation and analysis of your behavior, in cooperation with the team therapeutic and in identification with professional role
0	does not comply rules, chaotic performs actions	the activities are performed uncertainly, very slow	does not take into account individual situation patient, does not achieve the goal	requires constant guidance and reminders in every action	can't keep up verbal contact with the patient	can't critically evaluate and analyze his behavior, he does not cooperate with the therapeutic team, no identifies with professional role

* Source: W. Ciechaniewicz: Shaping practical skills of nursing school students. CKPPIP, Warsaw.

RATING SCALE:

11-12 points - very good (5.0)

9-10 points - db plus (4.5)

8 points - db (4.0)

7 points - dst plus (3.5)

6 points - dst (3.0)

5 points and below -ndst (2.0)

Professional practice

The basis for obtaining credit for professional practice is:

- 100% attendance; confirmed by an entry on the attendance list or (absence excused in the event of a student's illness documented by a sick leave or other unforeseen circumstances and making up for the professional practice at another time),
- active participation in professional practice,
- completing the applicable documentation,
- correct attitude towards the patient, the therapeutic team, the profession and science and the regulations.

CRITERIA FOR EVALUATING STUDENT ATTITUDE

No.	Assessment of student attitude elements	Scoring	Number of points obtained
1.	Attitude towards the patient: tact, culture, tolerance towards the patient and his family, understanding the individual needs of the patient and family, taking action to support the patient, being sensitive to the problems of the patient and his family, understanding, patience, respecting the patient's rights.	0-8	
2.	Attitude towards the therapeutic team: student's personal culture, kindness towards colleagues and staff, ability to work in a team (communicating with people and listening to others, trying to solve difficult situations).	0-6	
3.	Attitude towards profession and science: commitment to nursing work (motivation to work, interest, improving the quality of services provided), improving work methods and organization (accuracy, independence of decision-making, adaptation to changes in the environment), level of professional aspirations (enrichment of medical knowledge, interest in the directions of development of nursing care, motivation for continuous learning), self-assessment of one's own behaviors (attitude to errors, taking responsibility, self-assessment of the level of knowledge, skills and possibilities).	0-6	
4.	Student attitude towards the regulations: punctuality, avoiding absenteeism, compliance with the regulations of the facility/unit and the classes conducted, proper uniform, aesthetic appearance.	0-3	
5.	Together		

*Obtaining 0 points in any criterion results in an insufficient grade.

Number of points and rating:

- 23-21 -very good (5.0)
- 20-19 -good plus (4.5)
- 18-17 -good (4.0)
- 16-14 -sufficient plus (3.5)
- 13-12 -satisfactory (3.0)
- 11-0 -insufficient (2.0)

and also:

- positive completion of all learning outcomes by obtaining at least 6 points from practical skills, according to the attached criteria – for learning elements.

Criteria for assessing professional practice(0-2 points for each element): principles, efficiency, effectiveness, independence, communication, attitude.

A student receives credit for obtaining at least 6 points for the learning elements.

Number of points	Criteria for assessing individual elements of the activity (task/exercise performance) by the student					
	Rules	Efficiency	Effectiveness	Independence	Communication	Attitude
2	follows the rules, proper technique and the order of execution activities	performs activities confidently and energetically	procedure takes into account the situation patient, achieves the goal	plans and carries out activities independently	correct, independent, effective content selection	analyzes his behavior, works with the team therapeutic, full identification with professional role
1	he observes rules after Direction	the activities are performed not very sure, after a short while contemplation	does not always take into account health situation	requires reminders and orientation in some activities	requires guidance, orientation in content selection	has difficulty in critical evaluation and analysis of your behavior, in cooperation with the team

			patient, achieves the goal after Direction			therapeutic and in identification with professional role
0	does not comply rules, chaotic performs actions	the activities are performed uncertainly, very slow	does not take into account individual situation patient, does not achieve the goal	requires constant guidance and reminders in every action	can't keep up verbal contact with the patient	can't critically evaluate and analyze his behavior, he does not cooperate with the therapeutic team, no identifies with professional role

* Source: W. Ciechaniewicz: Shaping practical skills of nursing school students. CKPPiP, Warsaw.

FINAL SUBJECT EXAM

- The condition for admission to the examination is obtaining credits for lectures and exercises/practical classes and professional practice.
- The theoretical part exam is in the form of a written test, multiple choice test /MCQ/ with one correct answer (each correct answer is 1 point, no answer or incorrect answer 0 points, at least 60% of correct answers qualifies for a positive grade.

Test Grading Criteria

Rate	Very good (5.0)	Good plus (4.5)	Good (4.0)	Sufficient plus (3.5)	Satisfactory (3.0)	Insufficient (2.0)
% correct answers	93-100%	85-92%	77-84%	69-76%	60-68%	59% and less

and/or oral response

Assessment criteria – oral response

Rate	Criterion
Very good	Correct, complete, independent answer to 3 questions asked to the student by the instructor
All right	Correct answer, requiring slight guidance from the teacher, to 3 questions asked to the student
Sufficient	Correct, incomplete, requiring significant guidance from the teacher, answer to 3 questions asked to the student
Insufficient	No answer or incorrect answer to any of the 3 questions asked to the student

FINAL SUBJECT GRADE:

- the exam constitutes 80% of the final grade of the subject
- the remaining 20% is the average grade from the other forms of classes

The final grade is calculated according to the following criteria:

- 3.0 -3.24 – satisfactory (3.0)
- 3.25 -3.74 – satisfactory (3.5)
- 3.75 -4.24 – good (4.0)
- 4.25-4.74 – good plus (4.5)
- 4.75 -5.0 – very good (5.0)

Conditions for making up classes missed due to justified reasons:

Making up missed classes is only possible in the case of a student's illness documented by a medical certificate or other unforeseen circumstances. The teacher/guardian conducting the classes will be responsible for justifying classes and crediting the material covered by lectures, exercises, practical classes or professional practice during the absence.

Both a student returning from dean's leave and a student repeating a year are required to attend all classes and take the exam. Only if the exam in a given year is graded at least satisfactory (3.0) can a student repeating a year due to a different subject be exempted from the obligation to attend classes and pass and pass the subject.

Approval: Vice-Rector for Education